



**GameChangers Mission Statement:** We provide a long-term rehabilitation facility for men seeking a Christ-centered recovery for their hearts, minds, and souls after struggling with substance abuse and in their marriages.

Our **core beliefs** set the GameChangers program apart from traditional sober-living facilities.

**Spirit:** We believe that by developing a personal relationship with Jesus Christ and working through a 12-step program built on Biblical principles, long lasting recovery is possible to all who desire it.

*“And the Spirit of the Lord shall rest upon him, the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and the fear of the Lord.” - Isaiah 11:2*

**Mind:** We believe that when our residents become followers of Christ, the Holy Spirit will come to live inside them, providing long-term success in their decision-making ability. Once their minds and hearts are open to Jesus’s healing power, they can now be counseled and trained on how to make quality life choices.

*“Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, which is good, acceptable and perfect.” - Romans 12:3*

**Body:** We believe that long-lasting sobriety depends on how we treat God’s temple, our body. All mind-altering substances, chemicals, medications, and tobacco will be replaced with honest hard work, exercise, fresh air, and time outdoors in a tranquil, rural setting far away from the trials and temptations of urban life.

*“Do you not know that you are a<sup>[a]</sup> temple of God and that the Spirit of God dwells in you?” - 1 Corinthians 3:16*

**Family:** We believe that family restoration is an important goal for residents and their families. The resident and his family have been deeply hurt by the cycle of substance abuse, and healing for the entire family is thus necessary. Healing can be achieved through Biblical counseling, which provides proven guidance in building strong personal relationships. There will be individual mentoring by on-staff counselors for fathers, sons, and husbands on how to be successful in these familial roles.

*“Jesus did not let him go but said, Go home to your family and tell them how much the Lord has done for you and how he has had mercy on you.” - Mark 5:19*

**Work:** We believe that a responsible career is important to a man’s self-image. Each resident will receive training and gain expertise in a variety of construction trades, horticulture, and computer technology. This training provides a strong skill set for a successful reentry into society. This will offer him opportunities to earn a living wage, pay his own bills, and learn financial freedom. A resident must complete the Dave Ramsey Financial Peace Program to graduate from the GameChangers program.

*“Make it your ambition to lead a quiet life, to mind your own business and to work with your hands just as we told you, so that your daily life may win the respect of outsiders and so that you will not be dependable on anybody.”  
- 1 Thes.4:11*

**Honesty:** We believe honesty and trustworthiness are vital to becoming a Christian man and a productive member of society. Alcohol and drug addiction often foster a pattern of dishonesty and the subsequent loss of trust of family, friends, and employers. Honesty and trustworthiness are life skills that can be reestablished through Biblical mentoring from our on-staff counselors.

*“He who walks with integrity will be delivered, but whoever is perverse in his ways will suddenly fall.” - Proverbs 28:18*

**Open Mindedness:** We believe lasting recovery requires having an open mind and acknowledging that no person possesses all the answers. Embracing this belief provides a catalyst for change. Residents will partake in activities that are challenging in their emotional depth and liberating in their freedom from today’s technology and self-indulgent behavior. At GameChangers, we help residents relinquish their self-destructive thought processes so they can be receptive to a new and better way of life.

*“Therefore, I urge you brothers and sisters in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God - this is your true and proper worship. Do not conform to the patterns of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is - His good, pleasing and perfect will.” - Romans 12:1-2*

**Willingness:** We believe in order to build a lasting holistic change, residents must rethink all the aspects of their lives, one by one. The GameChangers program provides various engaging opportunities to learn this important virtue. Our goal is for residents to use these tools to unlock the desire within themselves to simply let go and allow God to reshape how they view and live their lives. A gift becomes a gift only when the recipient is willing to receive it.

*“No one lights a lamp and hides it in a jar or puts it under a bed. Instead, he puts it on a stand so that those who come in can see the light” - Luke 8:16*

Embracing these core beliefs is the key to a total transformation of a man’s life. To break the cycle of substance abuse, we believe a 12-month program is necessary for change to take root in one’s life. GameChangers’ Christ-centered program will support an individual from the moment he enters the program through his successful graduation.

Typical Schedule of Daily Life:

Monday-Friday

5:30 Rise and shine

5:30-6:00 Make beds, personal devotion time

6:00-6:45 Morning exercise/ fitness

6:45-7:15 Showers and clean rooms for inspection

7:15-7:45 Breakfast and room checks by leadership

7:45-8:15 Group morning devotion

8:15-8:30 Get to work or training assignments

8:30-12:00 Morning detail, work or training

12:00-12:30 Lunch

12:30-1:30 Lunch Training

Individual counseling sessions may occur during this hour

1:30-5:30 Afternoon detail, work and training

5:30-6:00 Showers

6:00-7:00 Dinner-proper attire required

7:00-8:30 Celebrate Recovery meeting - group

8:30-9:00 Evening meditation and daily reflection

9:00-9:30 Get ready for bed.

9:30 Lights out

9:00- 10:00 Friday Night “Earned” Activity - Movie, Music or Sports TV

## Saturday

6:30 Rise and shine  
6:30-7:00 Make beds, personal devotion  
7:00-7:45 Morning exercise/fitness  
7:45-8:15 Showers and clean rooms for inspections  
8:15-8:45 Breakfast and room checks by leadership  
8:45-9:15 Group morning devotion  
9:15-9:30 Get to work or training assignments  
9:30-12:00 Morning work and training time  
12:00-12:30 Lunch  
12:30-1:30 Lunch Training  
    Individual counseling sessions may occur during this hour  
1:30-5:30 Structured "earned" free time -group games/ sports/ activity  
5:30-6:00 Showers  
6:00-7:00 Dinner-proper attire required  
7:00-8:30 Celebrate Recovery Meeting-group  
8:30-9:00 Evening meditation and daily reflection  
9:00-9:30 Get ready for bed  
9:30 Lights out

## Sunday

6:30 Rise and shine  
6:30-7:00 Make beds, personal devotion time in rooms  
7:00-7:45 Morning exercise/ fitness  
7:45-8:15 Showers and clean rooms for inspections  
8:15-8:45 Breakfast and room checks by leadership  
8:45-9:30 Drive to church  
9:30-11:00 Church and relationship building  
11:00-12:00 Lunch at Church or GC  
12:00-12:45 Return and prepare for family visits  
1:00-5:30 Structured family visits  
5:30-6:00 Visitors leave  
6:00-7:00 Dinner-proper attire required  
7:00-8:30 Celebrate Recovery Meeting-group  
8:30-9:00 Evening meditation and daily reflection  
9:00-9:30 Get ready for bed  
9:30 Lights out